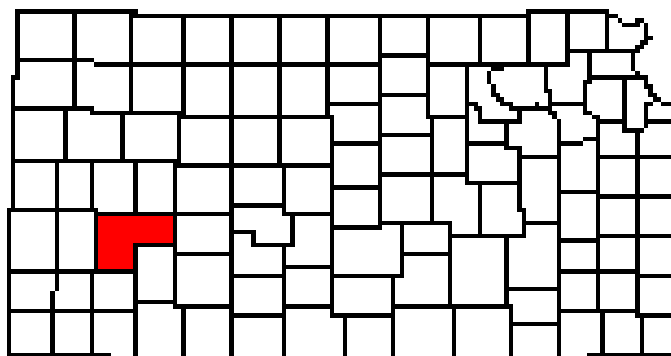


FINNEY



Books:

The following Arthritis Foundation books are available at:

Finney County Public Library:

605 E. Walnut Street

Garden City, KS 67846

620-272 -3680

<http://www.fcpl.homestead.com/>

Good living with Arthritis

Good living with Osteoarthritis

Good living with Rheumatoid Arthritis

Good living with Fibromyalgia

All about Back Pain

Guide to managing your arthritis

Rheumatologists:

There are no rheumatologists located in your county. Please see surrounding counties or rheumatologists located in **COLORADO**.

Programs:

Arthritis Foundation Aquatic Program

The warm water exercise program offers improved joint flexibility, range of motion and muscle strength. Videos are available for at-home exercises from the Arthritis Foundation.

Garden City Family YMCA

1224 Center St.

Garden City, KS 67846

<http://www.gardencity.net/ymca/>

CONTACT:

620-275-1199

Arthritis Foundation Exercise Program

This program is a gentle land-based exercise class for increasing or maintaining joint flexibility, range of motion and muscle strength. Videos are available for at-home exercises from the Arthritis Foundation.

Currently, there are no Arthritis Foundation Exercise Program classes offered in your county. Please see surrounding counties.

Support Groups:

There are no support groups located in your county. Please see surrounding counties.